

Knitted Hearts

Pair of 3.75 mm needles & a stitch holder

NOTES Each heart is knitted in stockinette and made from one piece, stuffed, and seamed up the back to make a puffy heart.

Work flat: The heart is knitted flat (back and forth) on a pair of straight single pointed knitting needles, not in the round. C Casting on: Use the long tail cast on for this pattern.

Cast on 6 sts on 3.75 mm needles. Start at the bottom tip.

Row 1 and all following WS rows before row 16: Purl.

Row 2 (RS): [K1, m1] twice, k2, [m1, k1] twice. (10 sts)

Row 4: K2, [m1, k1] twice, k3, [m1, k1] twice, k1. (14 sts)

Row 6: K3, [m1, k1] twice, k5, [m1, k1] twice, k2. (18 sts)

Row 8: K4, [m1, k1] twice, k7, [m1, k1] twice, k3. (22 sts)

Row 10: K5, [m1, k1] twice, k9, [m1, k1] twice, k4. (26 sts)

Row 12: K6, [m1, k1] twice, k11, [m1, k1] twice, k5. (30 sts)

Row 14: K7, [m1, k1] twice, k13, [m1, k1] twice, k6. (34 sts)

Row 16: Knit. The bottom section of the heart is now complete. Now work the first “bump” at the top.

Row 17: P17, do not break the working yarn, and transfer the last 17 sts from your knitting needle onto a stitch holder to hold them to work later for the second “bump”. (17 sts)

From row 18, work the 17 sts on your knitting needle for the first “bump” with the working yarn.

Row 18: Knit.

Row 19: Purl.

Row 20: [k1, k2tog, k3, ssk] twice, k1. (13 sts) Row 21: Purl.

Row 22: [k1, k2tog, k1, ssk] twice, k1. (9 sts)

Pull through to cast off.

The first “bump” is complete.

Now work the second “bump”. Transfer the held 17 sts from the stitch holder onto your knitting needle with the WS facing you ready to purl, and rejoin the working yarn for row 1.

Row 1 (WS): Purl.

Row 2 (RS): Knit.

Row 3: Purl.

Row 4: [k1, k2tog, k3, ssk] twice, k1. (13 sts) Row 5:

Purl.

Row 6: [k1, k2tog, k1, ssk] twice, k1. (9 sts)



Pull through to cast off.

Making up: Use mattress stitch for seaming. Sew the side edges of the first heart “bump” together from the gathered cast off sts down to row 17, and repeat with the second “bump”.

You should have two finished bumps at the top of your heart. Add some stuffing, and then sew the side edges of the bottom of the heart together (rows 17 down to row 1). This seam runs down the centre back of the heart. Finish by gathering the cast on sts together at the bottom tip of the heart.

