

Incubator Mattress Instructions

To make 1 mattress you will need:

1x 100% cotton top fabric 27 ½" x 18 ½"

1x 100% brushed cotton back fabric 27 ½" x 18 ½"

1x 100% Cotton batting 29" x 20"

1x label

Tailors chalk or heat erasable marker pen.

The finished mattress measures **26½" x 17½"**.

Seam allowance throughout is ½".

Use a **walking foot** if you have one and you may need to **increase your stitch length**.

Place the top & back fabrics, right sides together on top of the batting.

Stitch all the way around using a ½" seam allowance, leaving a turning gap of about 5" on one side. Reinforce at the start & the end by sewing a few reverse stitches.

Find the gap & press the top fabric edge along the seam allowance towards you. Sew a line of stitching through the backing fabric and the wadding just above this.



This will help when the mattress is turned the right way out.

Press the backing over in the opposite direction, so it is level with the front.



Carefully cut the wadding close to the stitch line. This will reduce bulk.

Trim each corner close to the stitch line, again to reduce bulk - be careful not to cut the stitches.

Using the turning gap, turn the mattress right side out, pushing out the corners to lie flat using the end of a knitting needle or a sewing stiletto.



Match the two edges of the gap, press together & pin.
Tuck a label into the gap & sew together neatly.

Press mattress again.



Draw a line 2" away from the edge all the way round and another 6" from the edge.

Sew all around on these lines, sewing in the loose ends. This stitching will hold the mat together. Press once more to remove the heat erasable marker or brush out the tailor's chalk.

Please wash your mattress in Non-Bio powder/liquid.

Press when dry & you're ready to donate it.

Thank you