

## Period Pouch Instructions

To make 1 pouch you need:

- 1 18" x 10" fabric
- 1 waterproof lining
- 1 label
- 1 stitch template

### Instructions

Place the 2 main body pieces right sides together making sure the edges are aligned. (1 fabric & 1 waterproof).

Lay the sewing template over so that it is equal all the way round. Either use a pencil to mark the stitch line or pin the template securely so it does not move while sewing. Sew round the template guide/marking. Don't forget to leave a gap to turn it through, 2" up from a bottom corner.

Trim the corners and snip the curves where necessary.

Turn through, working the curves and corners out for a smart finish. Press.

Fold up 6½" from the squared short edge to form a pouch. Take a folded label & insert it in the gap used to turn through. Fold over & top stitch ⅛" from the edge.

Sew a dividing line up the centre of the pouch to form 2 pockets

The snap poppers will be added at HQ

